



24th Annual
CHEROKEE STRIP COOK-OFF

Hosted by Professionals Today

*All proceeds from this event are donated to
Hospice of North Central Oklahoma*

State Championship BBQ Contest

September 17 & 18, 2010

Lake Ponca

Ponca City, Oklahoma

24th Annual Cherokee Strip State Championship Cook-Off

September 17 & 18, 2010

www.cherokeestripcookoff.com

Join us for food, fun, and a weekend full of entertainment and competition at one of the most beautiful cook-off locations available. The Cherokee Strip Cook-Off is held on the banks of beautiful Lake Ponca in Ponca City, Oklahoma. This is the 24th annual event and will be better than ever!

A RESPECTED EVENT

Our cook-off is an Oklahoma State Championship Cook-Off and is sanctioned by the Kansas City Barbeque Society (www.kcbs.us). You will find Ponca City nestled about an hour and a half from Oklahoma City, Tulsa, and Wichita. (More information about Ponca City is available at www.goponca.com, www.poncacity.gov and www.poncacitychamber.com)

WHERE THE MONEY GOES

The beneficiary for all money raised is Hospice of North Central Oklahoma. To date, Professionals Today has contributed more than \$300, 000 to this worthy organization. Hospice NCO offers medical and emotional support to terminally ill patients and families. Their services are individualized to meet family and patient needs and range from social services to 24-hour emergency care skilled nursing. This particular Hospice office is a non-profit, freestanding, community hospice existing to fulfill a mission opposed to making a profit. Support coverage includes all of Kay County, and areas of Grant, Noble, and Osage Counties. They do not charge any expenses to patients or their families. All donations are tax-deductible.

DETAILS, DETAILS, DETAILS

The Kansas City Barbeque Society (KCBS) rules, regulations, and judging procedures will be used for this contest. These rules can be obtained by visiting our web site or by contacting KCBS. Check-in begins Friday, Sept. 17, at 9:00 a.m. and will run until 8:00 p.m. During this time, cooks will be assigned their team sites and an on-site meat inspection will take place. At 7:00 p.m., there will be a “Meet & Greet” and during this we will have the Cook’s KCBS meeting. All entrants are encouraged to attend and mingle with other teams as well as members of Professionals Today. We will have music and/or live entertainment and a cash beer wagon will be available should you wish to enjoy an adult beverage or two. Complimentary beverage drink tickets will be provided to teams.

An added bonus to this year’s cook-off is the “ANYTHING GOES” category! Turn in time is 9:00 p.m. on Friday evening. We are looking forward to several entries in this new contest and can hardly wait to see what types of entries are submitted! See pages 5 & 6 of this packet for more information regarding the “ANYTHING GOES” category!

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PRIZES:

The 1st through 10th place in each category will be awarded cash, a ribbon and fabulous prizes! The Grand Champion and Reserve Grand Champion will walk away with lots of cash, big prizes, a banner and coveted bragging rights!

Prizes for all entries will be awarded during the awards ceremony Saturday at 3:00 p.m. Prizes will be awarded as follows:

- Grand Champion: \$2,500 cash + Grand Champion prize
- Reserve Grand Champion: \$1,250 cash + Reserve Grand Champion prize
- Each Category: (Chicken, Ribs, Pork, and Beef Brisket)
 - 1st Place.....\$325 Cash, Ribbon + prizes
 - 2nd Place.....\$175 Cash, Ribbon + prizes
 - 3rd Place.....\$150 Cash, Ribbon + prizes
 - 4th Place.....\$100 Cash, Ribbon + prizes
 - 5th Place.....\$75 Cash, Ribbon + prizes
 - 6th through 10th Place.....\$25 Cash + Ribbon

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“ANYTHING GOES” RULES & INFORMATION

“Anything Goes” turn-in time will be Friday, September 17, at 9:00 p.m.

The entry fee is \$40 per entry.

“Anything Goes” may include any meat that is NOT one of the four KCBS judged categories. Wild game entries are allowed. Desserts or sweets are not allowed. To further clarify:

- No Chicken. Other poultry such as duck or turkey is acceptable.
- No Spare Ribs or Loin Back Ribs. Country Ribs are acceptable.
- No Pork Shoulder or Boston Butts. Any other part of the pig is acceptable.
- No Beef Brisket. Any other part of the cow is acceptable.

For the most part, *anything goes* in this category, so you have a lot of flexibility with choosing and entering your recipe. The meat can be marinated or injected, and these things may be done before arrival to the contest. Entries can be baked, broiled, barbequed, grilled, fried, even microwaved, if you so desire. Your entry may be garnished and could also be used as a salad, hors d’oeuvre, or even a casserole. Again, pretty much ANYTHING GOES! There will be no holds barred in the preparation, and a gas grill may be used for preparation if you wish.

The judging for this contest will be a modified KCBS format, and judges will not know who has prepared what entry. Entrants will be provided a 9x9 Styrofoam container for the entry and should plan to pick this up following the Meet & Greet Pot Luck Dinner.

Prizes will be given for 1st through 3rd place and will be announced at 3:00 p.m. on Saturday during the Awards Ceremony and will be as follows:

- 1st Place: 40% of pot
- 2nd Place: 20% of pot
- 3rd Place: 15% of pot

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ADDITIONAL RULES & INFORMATION FOR SIDE CONTESTS:

“Anything Goes” Contest

- Contestants must be willing to eat their own entries.
- Contestants must furnish enough for 8 judges.
- Entries will be judged on appearance, taste, aroma, and texture.
- Entry fee is \$40 for the “Anything Goes” Contest.
- Prizes are broken down as following:
 - 1st Place: 40% of pot; 2nd Place: 20% of pot; 3rd Place: 15% of pot

Sauce Jackpot Contest

- Contestants must be willing to eat their own sauces.
- Contestants must furnish enough for 6 judges, approximately 12 ounces each.
- Entries will be judged on appearance, taste, aroma, and texture.
- Entry fee is \$15.
- Prize is 1/2 of the pot.

Bean Jackpot Contest

- Contestants must be willing to eat their own entries.
- Entries must furnish enough for 6 judges, approximately 12 ounces.
- Entries will be judged on appearance, taste, aroma, and texture.
- Entry fee is \$15.
- Prize is 1/2 of the pot.

All entry fees must be paid in advance.

23rd Annual Cherokee Strip State Championship Cook-Off

Benefiting: Hospice of North Central Oklahoma

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www.cherokeestripcookoff.com

Hosted by:

Professionals Today
C/o Cherokee Strip Cook-Off
P.O. Box 1125 #101
Ponca City, OK 74601

2010 Chair

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2010 Co-Chair

Echo Blanton
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PONCA CITY AREA INFORMATION:

We are proud of our city, and we sincerely hope that you enjoy your visit. Ponca City has something for everyone!

City Related Sites:

Ponca City Tourism	www.ponacitytourism.com
Ponca City Chamber of Commerce	www.ponacitychamber.com
Ponca City Development Authority	www.goponca.com
City of Ponca City	http://www.myponacity.com/cms/City-Government.aspx
Ponca City News	http://www.ponacitynews.com/
Ponca City Main Street	http://www.ponacitymainstreet.com/

Attraction Information & Web Sites:

Marland Estate Mansion	http://www.marlandmansion.com
Poncan Theatre Company	http://www.poncantheatre.com
Kaw Lake	http://www.kawlake.com/homepage
Conoco Museum	http://www.conocomuseum.com/index.htm
Standing Bear Museum & Park	
Pioneer Woman Museum	
Marland's Grand Home	

State Related Sites:

Oklahoma Tourism	http://www.travelok.com
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**Free wireless internet is available throughout the Ponca City area. Locate "Ponca Wi-Fi" to provide you free internet access, courtesy of the City of Ponca City.*

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Contact Information for KCBS:

The Kansas City Barbeque Society

11514 Hickman Mills Drive

Kansas City, MO 64134

Phone: 816-765-5891 or 1(800)963-KCBS

E-Mail: info@kcbbs.us

www.kcbbs.us

CREED:

Rules are designed to be fair and equal to all cookers. Integrity of the Contestants, Judges, KCBS Contest Representatives, and Organizers is essential.